

The Meaning of the Colors - Esogetic Colorpuncture certification training excerpt

Red

Red is the color of life, of the glowing Sun, and of fire. Both love and rage, joy and anger are associated with it. Red is the color with the greatest power of penetration and will strongly stimulate the blood flow. For this reason it is indicated for all cases of poor circulation. Red is the color of the heart, the lungs and the muscles. It is the appropriate color for the treatment of non-suppurating wounds and inflammations, as well as skin diseases, chronic cough, asthma, laryngeal complaints, anemia, weeping eczema. It makes people talkative, excited and joyful, hurried, eager and passionate, aggressive.

Blue

This is the color of peace and infinity. It is regarded as a cold color, and has a relaxing effect. Blue is the color of the pituitary gland and the endocrine system. All diseases involving heat require treatment with blue light. This color is indicated for complaints involving suppuration, pain and congestion, insomnia and bleeding. It is indicated in impotence and frigidity. Blue affects the testes and ovaries. It is the color for menopause, regulates the contraction of the muscles, ligaments and tissues. Hyperactive children should do their homework under blue light. The blue color promotes peace, quiet and reserve.

Yellow

Yellow symbolizes the Sun standing at its zenith, and is one of the hot colors. It promotes digestion, strengthens the nerves, stimulates the stomach and has a generalized uplifting effect. It fortifies the glandular system, makes chronic processes acute and is indicated for diseases of the liver, intestines and the stomach. Yellow promotes the motivation to learn and the ability to comprehend in children and has a favorable influence on the intellect. All diseases of the digestive tract are treated with yellow. Yellow is thought of as the color of the left brain.

Green

It is a color mix of blue and yellow. Green is considered a neutral factor. It is indicated in bronchial catarrh, whooping cough and inflammation of the joints. All chronic diseases respond well to the intermittent use of green light. Green is indicated for tumors, ulcers and cysts, as well as eye diseases and diabetes. It has a balancing effect and will promote feelings of contentment and tranquility. Green is also sedative, soothing and relaxing in effect and supports detoxification.

Orange

Orange is a mixture of red and yellow and is the color of joy and happiness. It is indicated in cases of discontentment, pessimism, psychosis, depression and fear. All sclerotic processes, such as arteriosclerosis, cerebral and coronary sclerosis respond well to it. It can be used in the treatment of emaciation and anemia. It is recommended for heart disease in general and cardiac insufficiency in particular. Orange will increase the sense of ambition and promotes warmheartedness. It has an uplifting effect and will increase joy and

strength in the workplace. It stimulates the endocrine organs.

VIOLET

Mixture of red and blue. The color of the Spirit. It acts on the subconscious, lends spiritual strength to the individual and promotes conscious insights. It increases the effect of all kinds of meditation and is also regarded as the color of inspiration. It has a positive effect on the spleen and promotes the function of the lymphatic system. The color violet corresponds to the right brain. It is the healing force of the universe.

Turquoise

The light (soul-spirit) and dark (body) nuances of the color „turquoise“ represent the inner and outer coat of the connecting, transmitting soul. The psychological symptoms, which drive people to subconscious rigidity or stasis can be found in the outer (dark turquoise). Usually a feeling of relief, pleasure and calmness appears. Blissful happiness and contentment, deep breathing and a clear head are being described. Turquoise is the “elevator into the subconscious”.

Light green

Light green is the color of steady pure compassion that does not ask to be reciprocated. Here we find the ascent from the instinct-driven earthy green to the instinct-conscious pure yellow green. Lightgreen as higher nature is conscious of its instincts. It has reevaluated the lower natural drive, elevated it and brought it into the sphere of consciousness. Lightgreen is the exalted female principle.

Crimson

The color crimson gives the impression of graveness and dignity, as well as graciousness and grace. The power over thoughts is hidden within. As the color of pure humanity and as a color that has power over the blood, crimson embodies the transparency of the highest force of crystallization. Crimson as a spiritually complementary color to light green is the indicator of the absolute inner being, which is linked to the program of life. Reactions on influences from the outside, which are in close agreement with the innermost core of the being, occur with crimson. Crimson is the elevated male principle.

Rose

As the 10th color of colorpuncture, rose symbolizes due to its position ($10=1+0=1$) a starting point and can be useful in finding a new beginning in life. Rose is related to the spiritual core. Like all the other colors of the soul-spirit sphere, rose has no specific indication. The color rose possesses a special love for being human and carries the secret of spiritual growth within itself. Rose is unconditional love.

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