



CAROLE HYDER
FENG SHUI MASTER

Setting Boundaries

Definition of clutter

Clot: to fill or cover with scattered or disordered items that impede movement or reduce effectiveness

Things you do not use

Items you do not love

Too many things

Uncompleted things

Results of clutter: overwhelm, exhaustion, feeling stuck,
takes away clarity, holds you to behaviors.

The attic represents the future; the basement the past.

